

MAYFORD HOUSE SURGERY

<http://www.mayfordhouse.co.uk/> 01609 772105

NEWSLETTER - AUTUMN 2017

Flu Vaccines

We now have a full stock of flu vaccines. Please support us and the NHS by making an appointment to have yours done at the surgery. If you are housebound please let the reception staff know, and we will ask a district nurse to administer it to you. We always order enough to cater for all eligible patients; unfortunately if stock is wasted by people going elsewhere, the NHS loses money. Don't forget to ask the GP to give you the flu vaccine if you have an appointment with them.

We hold clinics throughout the week, and are holding a clinic on Saturday 7th October 2017. Phone reception to make an appointment.

You are eligible for a free NHS flu vaccination if you:

- are 65 years of age or over
- are pregnant
- have certain medical conditions e.g. asthma, chronic obstructive pulmonary disease (COPD), chronic heart disease, chronic kidney disease, chronic liver disease, Parkinson's disease, motor neurone disease, multiple sclerosis (MS), diabetes, sickle cell disease
- if you have had your spleen removed, have a weakened immune system e.g. HIV and AIDS, or are on medication such as steroid tablets or chemotherapy
- if you have a BMI of 40 or above.
- if you are living in a long-stay residential care home or other long-stay care facility.
- if you receive a carer's allowance, or you are the main carer for an elderly or disabled person whose welfare may be at risk if you fall ill.

Children

- children over the age of six months **with a long-term health condition**
- children aged two and three on 31 August 2017 - that is, born between 1st September 2013 and 31st August 2015
- **Children in reception class and school years one, two, three and four will be vaccinated via the school health programme.**

Long Term Conditions Clinic - Tuesday Morning

As has been recently reported in the Darlington and Stockton Times, and been commended by our local Clinical Commissioning Group (CCG), Jane Wright (advanced nurse practitioner), Karen Hill (practice nurse manager) and Jenni Greenbank (clinical pharmacist) now offer a joint Tuesday morning clinic to all of you with diabetes and asthma/COPD. Your annual medical check and medication review can now all be done in one appointment. We hope that this improves your patient experience and is more convenient.

GP Online Services for Appointments and Medication Requests

Online services - we would like to encourage you to enquire about GP on line services at Mayford House. The reception staff will be able to help you with this. All you need to bring along is a form of photo ID and a utility bill. This service will enable you to book appointments and order repeat prescriptions on line and at your own convenience.

Appointments - we would like to remind all our patients that we do offer pre-bookable appointments. For the GPs, you can still book some appointments up to 4 weeks in advance and for the nurses it is 5 weeks. If you would like a same day appointment, please telephone at or shortly after 8.00 am.

Repeat medication delivery service - please be reminded that we do offer a free delivery service for your repeat medications; ask at dispensary about this. If you come to collect your repeat medications from the surgery please feel free to order your next month's medications at the same time. You may find this more convenient and there should certainly not be any issues with having your medications ready in time.

Staff Changes

We would like to extend a warm welcome to Mrs Stephanie Connolly, our new practice manager who joined us in April 2017. She replaces Peter Chrisp who was with the practice for 10 years. Joshua Parker-List has been assigned the new role of assistant practice manager as well as maintaining his previous role as IT manager.

We would also like to say a fond farewell to Rose and Anne in dispensary, and to Val in IT. They are all leaving after many years of dedicated service to their teams and to the surgery. We wish them well and thank them for all their hard work. Lindsey will now become dispensary team leader and she is busy recruiting her new team at present. We plan to re-launch dispensary in the near future and we will keep you updated in the next newsletter.

Wart Clinics

We would like all patients to be aware that, due to restrictions in the NHS funding of certain procedures, from 31st July 2017, Mayford House Surgery will no longer be able to provide cryotherapy for warts/verruucas.

Surgery Closure

Please note the surgery will be CLOSED on the following date(s):

THURSDAY 30TH November 2017 from 12.00 noon and for the rest of the day for staff training

If you require medical advice during this time please contact NHS 111