

Mayford House Surgery Newsletter



Summer 2011



Patient Transport - Are you Eligible?

Patient Transport Services are provided to help patients to get to their appointments if they have a clinical condition that means they can't get to the hospital safely on their own, or cannot make their own arrangements via family/friend or public transport to get to hospital. Please ask for a leaflet if you think you may be eligible.

Repeat Prescriptions

We have noticed over the last few weeks that more and more patients are requesting repeat prescriptions from the out-of-hours service. It is your responsibility to make sure you have enough medication to last over a weekend or a Bank Holiday. We would ask you not to use the out-of-hours service for this. Thank You.

Drug Booklets

If you are on warfarin, lithium, or methotrexate, you will be given a booklet to monitor your drugs and blood test.

YOU, OR YOUR REPRESENTATIVE must take the booklet with you to collect your drugs. The chemist may refuse you your repeat prescription if you don't have this booklet

Don't Waste Medicines

Waste medicines cost the NHS up to £800 million a year.

Tell your doctor or pharmacist if you are not taking your medicines exactly as prescribed. Your doctor makes a diagnosis based on your condition assuming you have been taking your medication as prescribed.

Once medicines are prescribed, they cannot be re-used and have to be incinerated - even if they are unopened.

Don't order what you don't need - check your supply before ordering more. Discuss your medicines on a regular basis with your GP or pharmacist

August Bank Holiday

The surgery will be CLOSED on Monday 29th August 2011 for the late summer bank holiday.

If you need medical advice/help when the surgery is closed, please telephone 01609 772105 and you will be transferred to the out-of-hours service.

Appointments and Repeat Prescription Requests

Telephone Consultations - when you ask for an appointment with the doctor you may be offered a telephone consultation if this is appropriate. The doctor will telephone you at an agreed time. If you

think you need to be examined or have your blood pressure taken please make an appointment.

Online Appointments and Ordering of Repeat Prescriptions – please ask reception to register you for your unique user login and password. The website address for this service is <https://mayford-house-surgery.appointments-online.co.uk>. You must type it into your browser as it will not be found using a search engine. Please also note there is no “www” in the address.

If you prefer to renew your prescription by telephone, please contact the dispensary on 01609 773041 AFTER 11.30 A.M.

199 patients did not attend their booked appointment in June, resulting in significant waste of doctor and nurse time. Please cancel your appointment if you no longer need it.

Nurses Clinics

Bloods – are 5 minute appointments mainly in the morning so they can be delivered to the path lab on the same day. If you have anything else to discuss or that needs to be done, please make another appointment or ask for a longer blood appointment.

Dressings – any time of day.

Injections – any time of day. Healthcare assistants can now do B12 injections.

Diabetes – clinic on Thursday morning.

Asthma and Chronic Obstructive Pulmonary Disease – checks done any time of day.

Foreign Travel – clinic Wednesday afternoon.

Travel forms should be completed prior to appointment (see opposite).

Hypertension and Contraceptive Checks (medication reviews) – any time of day.

Warfarin checks – Tuesday morning and Wednesday afternoon.

Baby Injections – Friday morning.

Smears – any time of day.

Ear Syringes – any time of day (ears must have oil in for three days prior to syringing)

Minor Ailments (such as sore throats, ears, urine infections) – ask for an appointment with Linda or Jane, practice nurses.

Holiday Vaccinations

Health advice for those travelling abroad is given most Wednesday afternoons by Dr Antony Walters and Jane Wright (PN). Yellow Fever vaccination can be provided if necessary. Please make an appointment at least 6 weeks prior to departure.

It is helpful if a Foreign Travel Questionnaire is completed prior to your appointment. Some travel vaccinations are available on the NHS, but others including Hepatitis B, Japanese B encephalitis, meningococcal A, C W₁₃₅ & Y, tick-borne encephalitis, oral typhoid, rabies and yellow fever may not be.



New Doctors

Two new doctors will be joining us in August -

Dr Vanitha Srinath, Registrar, for 12 months, and Dr Juspreet Dhaliwal, FY2 doctor, for 4 months.

Health Visitors

The health visitors are no longer based in the surgery. They can be contacted at Gibraltar House, Thurston Road, Northallerton, DL6 2NA. Telephone 01609 751160.